

# Sample Menu



	BREAKFAST	LUNCH	DINNER
<b>SUNDAY</b>	Hot Cereal Muffins Eggs Bacon	Roast Turkey Mashed Potatoes & Gravy Corn Salad & Roll Chocolate Cake	Tomato Basil Soup Tuna Salad Sandwiches Macaroni Salad Milk Pears
<b>MONDAY</b>	Hot Cereal Toast Omelettes Hashbrowns	Meatloaf Twice Baked Potatoes Salad Apple Cake	Tomato Bacon Pie Coleslaw Biscuites Apricots Milk
<b>TUESDAY</b>	Hot Cereal Waffles Eggs Ham	Salisbury Steak Mashed Potatoes & Gravy Peas Salad & Roll Brownie Pie	Cheese Soup Hamburgers Tator Tots Corn Salad Milk
<b>WEDNESDAY</b>	Hot Cereal Pancakes Eggs Sausage	Rice Crispie Chicken Potato Wedges Green Beans Salad & Roll Cherry Bars	Shipwreck Casserole Tomato Spoon Salad Corn Muffins Milk Cookies
<b>THURSDAY</b>	Hot Cereal Cinnamon Rolls Bacon Eggs	Spaghetti Bake Garlic Bread Broccoli Salad & Roll	Fish on a Bun Baked French Fries Vegetable Salad Banana Pudding
<b>FRIDAY</b>	Hot Cereal Coffee Cake Eggs Bacon	Cheese Enchiladas Spanish Rice Corn Salad Mom's Dessert	Cream of Mushroom Soup BLT Sandwich Chips Fruit Salad
<b>SATURDAY</b>	Hot Cereal Eggs with Ham & Cheese Waffles	BBQ Chicken Potato Wedges Vegetable Salad Cornbread Jello Parfait	Garden Chowder Three Bean Salad Peaches Milk