

alzheimer's association support group

Meeting Information:

Group Location:
Fountain View Manor
3432 Village Lane
Granite City, IL 62040

Group Meeting Time:
The 2nd Tuesday of
every month – Time TBA

*For additional information,
please contact:*
Karen Taylor or Susan
Whitehair: 618-931-3999

What is a support group?

An Alzheimer's Association Support Group is a scheduled gathering led by a trained professional or volunteer. People who attend are family, friends, and other caregivers who have a loved one with Alzheimer's disease, a related dementia or memory problems. Support groups provide opportunities to share struggles and solutions.

A limited number of groups are also available for individuals with early stage memory loss. A list of these specific groups is available by calling the chapter office at 314.432.3422 or 800.272.3900.

What can I do in a support group?

- Be happy, sad, angry, confused—or anything in between
- Discover you are not alone
- Learn about available help in your community
- Share solutions to difficult behaviors or other problems
- Release stress with others who understand your situation
- Gain knowledge about dementia and research
- Know that the group will respect your confidentiality
- Attend several meetings before deciding if this is the right group for you

How do I attend this support group?

Call the support group facilitator listed in the blue box on the left. Make sure that the group is meeting at its usual time, and check for any special directions that will help you find the meeting location or room. Find out what type of regular members are in the group to see if this will be the right group for you. If you feel uncomfortable calling, you can simply show up to the meeting. There is no fee for attending a group.

If you are a student wanting to attend the group, please call the Support Group Coordinator at 314.432.3422 for approval. If you are a professional, please note that the group may not be used for any marketing purposes.

Alzheimer's Association
St. Louis Chapter
9370 Olive Blvd.
St. Louis, MO 63132
314.432.3422, 800.272.3900

The St. Louis Chapter

Serving 38 counties in Missouri and Illinois
www.alzstl.org

alzheimer's  association

the compassion to care, the leadership to conquer