

September 2010

Alzheimers Care at Aspen Ridge

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:30am Parachute 10:30am Music & Light Therapy 10:45am Bingo 1:00pm Terrific Trivia 2:00pm Country Ride 2:30pm Lotions & Potions 3:30pm Bowling	2 9:00am Balloon Toss 10:45am Lets Bake Bread Rolls 1:00pm Facts N Fun 2:00pm Music w/Jim Lee 3:30pm Craft Water Colors 4:00pm Horse Shoes 6:00pm Bean Bag Toss	3 9:00am Sit R Size 9:30am Country Ride To Whispering Pines 9:45am Lotions & Potions 1:00pm Bowling 2:00pm Trivia Miss My Words 3:30pm Happy Hour Wine Tasting	4 9:30am Ring Toss 10:30am Movie Beverly Hill Billies 1:00pm Horseshoes 2:00pm Move Dean Martin Show 4:00pm Wii Bowling 6:00pm Beach Ball 7:00pm Lawrence Welk Show
5 10:00am Church Service w/Chuck Craun 1:00pm Gospel Singers 2:00pm Pastor Johnson's Group 2:30pm Catholic Communion 3:00pm Reminiscing Drive In Movies	6 9:00am Sit R Size 10:30am Music & Light Therapy 10:45am Bingo 1:00pm Art & Poetry 2:30pm Ring Toss 4:00pm Sing A Long 6:00pm Basketball	7 9:00am Kick Ball 10:45am Craft Making Apple Designs 1:00pm Lotions & Potions 2:00pm Bowling 4:00pm Ring Toss 6:00pm Beach Ball	8 9:00am Sit R Size 10:30am Music & Light Therapy 10:45am Bingo 1:00pm Wii Bowling 2:00pm Bowling 2:00pm Sing A Long 3:00pm Beach Ball	9 9:00am Balloon Toss 10:45am Lets Bake Cookies 11:00am Facts N Fun 2:00pm Shepherds House 3:30pm Horseshoes 4:00pm Sing A Long 6:00pm Bean Bag Toss	10 9:00am Sit R Size 9:30am Country Ride To Camp Sherman 9:45am Lotions & Potions 11:00am Lets Build W/Jenga 1:00pm Bowling 2:00pm Art w/Water Colors	11 9:30am Sit R Size 10:30am Movie-Oklahoma 2:00pm Classic Movie I Love Lucy 4:00pm Bowling 6:00pm Beach Ball 7:00pm The Lawrence Welk Show
12 11:00am Church Service w/ Inspirational Tape 1:00pm Gospel Singers 2:30pm Reminiscing 3:00pm Bowling 4:00pm Trivia 6:00pm Kick Ball	13 9:00am Sit R Size 10:30am Music & Light Therapy 10:45am Bingo 1:00pm Yatzee 2:00pm Cross Word Puzzles 3:00pm Lotions & Potions 4:00pm Balloon Bats	14 9:00am Sit R Size 10:45am Craft Making Pictures 1:00pm Lotus Pampering 2:00pm Music w/Dawn Fellmer 3:30pm Wii Bowl 4:00pm Reminiscing 6:00pm Kick Ball	15 9:00am Balloon Toss 10:30am Music & Light Therapy 10:45am Bingo 11:30am Picnic 2:15pm Country Ride 3:00pm Beach Ball 4:00pm Limericks & Art	16 9:00am Scarf Dance 10:30am Sensory Stimulation 10:45am Lets Bake An Apple Pie 1:00pm Wii Bowling 2:00pm Cross Word Puzzles 3:30pm Volleyball 6:00pm Bean Bag Toss	17 9:00am Sit R Size 10:00am Filling In The Blanks 1:00pm Beach Ball 2:00pm Cross Word Puzzles 3:30pm Happy Hour 6:00pm Kick Ball	18 9:30am Balloon Bat 10:30am Classic Movie 1:00pm Reminiscing 2:00pm Classic Movie 3:00pm Arm Chair Travel 4:00pm Bowling 6:00pm Beach Ball
19 10:45 Church Service w/ Inspirational Tape 1:00pm Gospel Singers 1:00pm Gospel Singers 2:00pm Classic Movie 3:30pm Ball Toss 4:00pm Terrific Trivia	20 9:00am Ring Toss 10:30am Music & Light Therapy 10:45am Bingo 1:00pm Poetry & Art 2:00pm Music w/Dawn Fellmer 3:00pm Terrific Trivia 4:00pm Bowling	21 9:00am Parachute 10:30am Sensory Stimulation 10:45am Craft 1:00pm Walking & Singing In The Halls 2:00pm Reminiscing 3:30pm Terrific Trivia	22 9:00am Ring Toss 10:30am Music & Light Therapy 10:45am Bingo 1:00pm Yatzee 1:00 Yatzee 2:00pm Volleyball 3:00pm Doing Facials	23 9:00am Parachute 10:30am Sensory Stimulation 10:45am Lets Bake Cinnamon Rolls 1:00pm Art & Poetry 2:00pm Shepherds House 3:00pm Kick Ball 4:00pm Sing A Long	24 9:00am Scarf Dance 9:30am Country Ride 9:45am Lotions & Potions 1:00pm Art & Poetry 2:30pm Wii Bowling 3:30pm Aspen Ridge Resident Talent Show	25 9:30am Balloon Bat 10:30am Classic Movie 1:00pm Trivia 2:00pm Classic Movie 3:30pm Walking & Singing In The Halls 4:00pm Bowling
26 10:45am Church Service w/Chuck Craun 1:00pm Gospel Singers 2:00pm Bowling 3:30pm Trivia 3:30pm Trivia 4:00pm Walking & Singing In The	27 9:00am Bowling 10:30am Music & Light Therapy 10:45am Bingo 1:00pm Trivia 2:00pm Art & Poetry 3:00pm Balloon Bats 4:00pm Sing A Long	28 9:00am Sit R Size 10:30am Sensory Stimulation 10:45am Craft 1:00pm Reminiscing 2:00pm Music w/George Milo 2:00pm Alzheimer's Support Group 4:00pm Ring Toss	29 9:00am Parachute 10:30am Music & Light Therapy 10:45am Bingo 2:00pm Wii Bowling 3:00pm Sing A Long 4:00pm Ring Toss 6:00pm Kick Ball	30 9:00am Ring Toss 10:30am Sensory Stimulation 10:45am Lets Bake Cookies 1:00pm art w/Water Colors 2:00pm Wii Bowl 3:30pm Sing A Long 4:00pm Beach Ball		

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